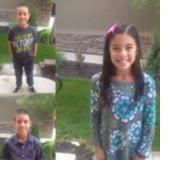


#### **URUGUAY 2018**

February 15<sup>th</sup> – 26<sup>th</sup>, 2018 Missing 2 days of school



#### A little about me

- I have been a teacher here are SCHS since 2000. I have been travelling with students since 2008.
- 2008 7 students to Mexico
- 2009 90 students to Europe
- 2010 48 students to Costa Rica
- 2011 I took a break this year ☺
- 2012 72 students to Chile
- 2013 46 students to Vietnam
- 2014 48 students to Costa Rica
- 2015 32 students to Europe (france and spain)
- 2016 23 students to Chile
- 2017 24 students to San Fran
- 2018 35 students to URUGUAY

## Philosophy

I have taught Spanish as a Second Language for 17 years and I am very excited to offer International travel as an addition to my courses. I find it very rewarding to see students succeed in the Spanish language and use the many skills that they acquired in one of my classes when they travel abroad. The combination of cultural, literary, communicative and grammatical knowledge has given my students lifelong skills and accomplishments. I believe strongly in second language in our present global society, and I believe in creating global citizens. Through learning Spanish I believe I am allowing my students access to knowledge that should carry them through University, job searches, travel, understanding culture, and understanding literature – this in turn should give them a better understanding of their own language and of themselves, and how they fit into this global community. Therefore I think it is necessary and vital for my students to be introduced to this global community through international travel – what better way to use all of the skills that they have learned. It is only through experience and practice that a second language can truly come to life.

# Where are we going





## **Proposed Itinerary**

- Day 1February 15, 2018Calgary > Santiago Chile
- Today we will travel from Calgary to Santiago Chile via connecting flights.
- Upon arrival we will check-in to our hotel and head out on two
  wheels. We will spend the remainder of the day cruising around on bikes
  on a guided tour. On bike, students will have a chance to visually
  experience the long history of Santiago, visiting some of the most popular
  spots like; Palacio de la Moneda, Pablo Neruda's House, Plaza de Armas,
  the Central Market, and some other hidden gems that are known only to
  the locals.
- In the late afternoon, we will spend some time at the Bella Vista neighborhood. Known as the Bohemian quarter, this neighborhood is nestled at the foot of Cerro San Cristobal and its beautiful Metropolitan Park.
- We will have our first dinner as a group in Patio Bella Vista.





- Day 2
   February 16, 2018
   Santiago > Montevideo, Uruguay
- In the morning we will transfer back to the airport for a quick flight to Montevideo,
   Uruguay
- In the morning we will take a tour around the Ciudad Vieja (Old City) and visit the Plaza de Independencia. We will also explore the Gaucho Museum and get an insight look into the laid back vibe of this city in the Mercado de Puerto. Here we will see local artists and musicians doing their thing.
- In the afternoon we will head to the beach for some free time to acclimatize our selves for the last 48 hours of long travel. Before dinner, we will wrap up the day with workshop in Dance and Music. Candombe is based around Uruguayan music and dance that comes from the African slaves. This dance is considered an important part of the culture of Uruguay. We will watch and learn. The Candombe music is played year round but heavily played during carnival.

- Day 3
   February 17, 2018
   Montevideo > La Rambla
- After breakfast we will take a bus up the coast to La Rambla. The rambla is a 22km long avenue that runs along the water. We will have scenic views of the coast and city learning about history and insight into this busslin trail. We will also have a chance to scope some of the scenic suburbs.
- In the afternoon we will hop on a bike and explore the rich art history. Montevideo is home to some of the most innovative and daring stencil art and graffiti on the continent. Students will immerse themselves in Montevideo's street art scene. Pieces from local artists like Manuel Espinola Gomez, Alvaro Neco Bordagrorri, Oz Montania, Pablo Herrero and David de la Mano whom span a wide spectrum of styles and themes; from politically motivated artworks, to inventive large-scale stencils to more traditional murals depicting historical figures from Uruguayan history. The best part of the art scene here is we wont have to search through seedy back alleys, some of Montevideo's best aerosol-based pieces can be found coating the skins of buildings on the city's plazas and suburban streets.
- We will also have a chance to visit Estadio Centenario, which was built to host the 1930 FIFA World Cup, and to commemorate the country's first constitution, it continues to host Uruguay's national team (who maintain a winning record against visiting European players).
- Tonight we will have dinner at one of Montevideo's traditional steak houses



- Day 4
   February 18, 2018
   Montevideo > Colonia
- Today we will begin our day nice and early. Right after breakfast and a cup of Yerba Mate, we will head to Colonia. This quaint historical town has been decreed a UNESCO World Heritage site. Founded in 1680 by the Portuguese governor of Rio de Janeiro, Colonia grew in population and importance in the 17th century as a major smuggling hub opposite Buenos Aires across the Río de la Plata. We will see remnants from the town's early history while we visit Colonia's historic lighthouse and the ruins of the Convent of San Francisco. Before heading back to Montevideo we will soak in one of the world's most memorable sunsets along the riverfront promenade as reflects across the still river waters. We will have dinner in Colonia.
- Day 5
   February 19, 2018
   Montevideo > Punta del Este
- After breakfast we will head to Punta del Este for SA's version of Miami Beach. This place is busy and one of the most popular places in Uruguay. Today we will participate in a surf lesson at Playa Brava, a popular surf beach, which is home to La Mano, the famous "fingers" sculpture by artist Mario Irarrázabal that rises from the ground like the hand of a buried giant.
- After surfing we will explore some of the neighborhoods to see colorful homes and gorgeous gardens. In
  the late afternoon we will also check out Playa Mansa which is on the mello's side of the peninsula. Before
  sunset we will also visit Casa Pueblo, a Mediterranean-styled villa, museum and art gallery designed by
  local painter/sculptor Carlos Páez Vilaró.



- Day 6,7
   February 20, 21 2018 Punta del Este > Punta Rubia
- Its now time to explore more of this amazing country. We will head to the quaint town of Punta Rubia. This laid back part of town is where we will connect with nature, relax, hike, explore, learn about the Gaucho lifestyle.
- In Punta Rubia we will:
- Hike to see the Millennial Gullies of Punta Rubia. We will see geological formations formations created by nature over thousands of years.
- Guided tour of Punta Rubia and all of its most important historical areas
- Have beach time, sunsets bonding experiences and workshops with our group leader.
- Day 8
   February 22, 2018
   Punta Rubia > Cabo Polonio
- After breakfast we will travel to Cabo Polonio. This unique part of Uruguay is located on the eastern coast of Uruguay in the Rocha Department. Since there are no roads leading into this magical place, we will taking 7KM ride on 4×4 vehicles. In Cabo we will be hiking, exploring the land and learning about various sustainable living practices on the land.



- Day 9-10
   February 23,24 2018 Cabo Polonio> Punta del Diablo
- Day 9,10 Punta Rubia >Punta del Diablo
- In the morning we will take a 1.5 bus ride to Punta del Diablo. This This town used to be and to a great extent still is a fishing village, where no more than 1000 people live in the winter months. Although its gaining popularity, Punta del Diablo still has a coast that has remained untouched. Punta del Diablo keeps being one of the best beaches in Uruguay, with its sand dunes and the fishermen still going by their usual business.
- Over the next two days we will:
- Hike a few trails to gain a deeper understanding of the area and its flora and fauna
- Explore Parque Nacional Santa Teresa
- Horseback riding to Playa Grande
- Hiking near punta del diablo Parque Nacional Santa Teresa
- Day 11
   February 25, 2018
   Punta del Diablo > Montevideo > Home
- Today we will wake up nice and hear and catch a scenic bus ride back to Montevideo for our flight home.

Day 12
 February 26, 2018
 Arrive home



## Mandatory Insurance

- Rockyview requires that we have travel insurance through them. The price is \$57.00 (\$4.75x12 days) and the cheque needs to be made out to SCHS. We will get policy cards that we travel with as well as a 1-800 number to call in case of emergency.
- Unfortunately but fortunately I had to use them while in Vietnam, and they were WONDERFUL so I know it works and it was worth every penny I paid for it.
- I understand that many of you may have insurance through work BUT everyone MUST use this company.

# Initial deposit



 There is a NON refundable initial deposit in the amount of \$400.00 that needs to be handed in with the form filled out. Please read all forms carefully. Please make cheque payable to SCHS. These cheques and forms are due ASAP.

## Info:

- Itinerary
- Good standing must be signed and returned
- Non refundable must be signed and returned with a cheque (\$400.00) to SCHS
- Insurance must be signed and returned with a cheque (\$57.00) to SCHS
- I need to separate cheques in these amounts please!!
- THESE 3 FORMS ARE WHAT WILL GET YOUR CHILD A SPOT
- Forms can be handed into Senora OP

#### Rules



- At any time, we reserve the right to pull a student off the trip if they are making poor decisions from now until the trip which is a year away. We will not take students who are making poor decisions as this can affect the safety of others as well as our jobs.
- This is an alcohol / drug free trip and if we don't trust that your child will obey the rules, they will not be joining us.

## Payment Plan

- Initial Deposit: \$400.00
- Payments Sept 15<sup>th</sup> /Oct 15<sup>th</sup> /Nov 15<sup>th</sup> /Dec 15<sup>th</sup> /Jan 15<sup>th</sup>, 2018: \$954.40
- Total: \$5172.00
- Mandatory insurance (Rockyview): \$57.00
- Spending money (lunch money)
- All cheques made out to SCHS please

#### Not Included

- If there is a luggage fee that will be paid at the airport at check in but is not included in this price
- Lunches
- Spending money

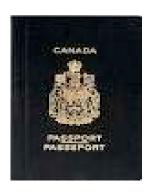


# Money

- Usd
- Uruguay pesos

## **Passport**

- Everyone needs a valid passport
- The expiry date can not be within 6 months of our departure (August 2018)



# Shots of the same of the same

- Each travel clinic may tell you something different but this is the information I have found:
- All travelers
- You should be up to date on routine vaccinations while traveling to any destination. Some vaccines may also be required for travel.
- Routine vaccines Make sure you are up-to-date on routine vaccines before every trip. These vaccines include measles-mumps-rubella (MMR) vaccine, diphtheria-tetanus-pertussis vaccine, varicella (chickenpox) vaccine, polio vaccine, and your yearly flu shot.
- Most travelers
- Get travel vaccines and medicines because there is a risk of these diseases in the country you are visiting.
- <u>Hepatitis A</u> CDC recommends this vaccine because you can get hepatitis A through contaminated food or water in Uruguay, regardless of where you are eating or staying.
- <u>Typhoid</u> You can get typhoid through contaminated food or water in Uruguay. CDC recommends this
  vaccine for most travelers, especially if you are staying with friends or relatives, visiting smaller cities or
  rural areas, or if you are an adventurous eater.
- Some travelers
- Ask your doctor what vaccines and medicines you need based on where you are going, how long you are staying, what you will be doing, and if you are traveling from a country other than Canada.
- Hepatitis B You can get hepatitis B through sexual contact, contaminated needles, and blood products, so CDC recommends this vaccine if you might have sex with a new partner, get a tattoo or piercing, or have any medical procedures.
- Rabies Rabies is present in bats in Uruguay. However, it is not found in dogs and is not a major risk to most travelers. CDC recommends rabies vaccine for only these groups:
- Travelers involved in outdoor and other activities in remote areas that put them at risk for bat bites (such as adventure travel and caving).
- People who will be working with or around bats (such as wildlife professionals and researchers).

# Form Check List present/future

TODAY:

- Good standings
- Initial deposit
- FT010 Travel insurance
  - LATER ON:
- FT001 Field trip authorization and emergency medical information
- FT005 Consent Form All Field trips
- FT007 Consent of Parent/Guardian & Acknowledgement of Risk
- Medical form from Evolve Tours

## Questions

- Next meeting will be late October
- Email addresses are extremely important and when there is a change include me on the change as this is my means of communication
- Once I have all the required forms with the deposit and a separate cheque for the insurance, I will get an email set up and send out so that you know everything is ok