

SPRINGBANK

ATHLETICS



PURPOSE AND PHILOSOPHY OF SCHS ATHLETICS

The Springbank Community High School Athletics Program is a natural extension of the high school curriculum that provides activities for the growth and development of our students. The program includes life long lessons in human relations as well as opportunities for developing each student physically and emotionally. We view the Athletics program as an integral element of education.

We believe that the Athletics program contributes significantly to preparing our students to become productive, contributing citizens of our community and society. In addition, our aim is to develop a student with a positive self-image, the ability to learn a new skill, and an intrinsic motivation for growth and development.

We want to see a student who will demonstrate the ability to accept responsibility for their actions, measure themselves against standards of quality, and express ideas and solutions to problems. Our students will learn the value of fair play, honor, honesty, and cooperation. They are representatives of the team, the school, their families and the community.

POSSIBLE SCHOOL SPONSORED SPORTS

(Actual sports depends on availability of coaches and teacher sponsors)

	Boys		Girls	
	Varsity	Junior Varsity	Varsity	Junior Varsity
Badminton	X	X	X	X
Basketball	X	X	X	X
Cross Country	X	X	X	X
Football	X	X		
Golf	X	X	X	X
Soccer	X		X	
Track & Field	X	X	X	X
Volleyball	X	X	X	X
Curling	X	X	X	X



Approximate Seasons of Play

Badminton – January - May

Basketball – November - March

Cross Country – September/October

Curling – October 15 – 1st Saturday in March

Football – September – November (+Spring)

Golf – September

Track and Field – March – June

Volleyball – September – November

Soccer – Boys - May/June

Soccer – Girls – September/October

Girls Rugby – May/June

PLAYING TIME – VARSITY TEAMS

Varsity competition is the culmination of each sport program. Squad size is limited. The number of participants on any given team is a function of the number needed to conduct an effective and meaningful practice and to play the contest. It is vital that each member has a role and be informed of its importance. While contest participation over the course of a season is desirable, a specific amount of playing time at the varsity level is never guaranteed. It is the coach's responsibility to make clear to the student athlete what his/her role is on the team.

A sound attitude and advanced level of skill are prerequisites for a position on a varsity team, as is the realization that a varsity sport requires a huge time commitment. The dedication and commitment needed to conduct a successful varsity program should be taken seriously.

PLAYING TIME – JUNIOR VARSITY TEAMS

This level of competition has an increased emphasis upon team play, physical conditioning, and refinement of basic skills. Although being successful on the J.V. level is important, winning is not the sole objective. This is the level at which the athlete displays his/her readiness for the execution of the skills at game speed. Athletic abilities, commitments, and positive attitudes will be rewarded and tested in competitive game situations.

Any attempt will be made to allow as many participants as possible to play, but not all will play equally. At the J.V. level-playing time will be based on the degree of effort, skill improvement, ability to compete and execution of skills at game speed demonstrated by the student athlete in practice during games.



FEES

Fees for SCHS Athletic teams will be collected to cover costs ranging from officiating, score keeping, transportation, accommodations, uniform rental, equipment, team banquets and other costs associated with the team. These costs vary a great deal between the teams. Each year these costs can vary depending on the team schedule, apparel and other costs.

Below is a summary of the fees for teams during the last school year.

*****Please note this is not a cost breakdown for this years' teams. It is only meant to give an idea of the costs that can be expected for SCHS teams*****

JV Girls Basketball	\$670	JV Boys Basketball	\$380
SV Girls Basketball	\$1014	SV Boys Basketball	\$420
JV Girls Volleyball	\$400	JV Boys Volleyball	\$315
SV Girls Volleyball	\$455	SV Boys Volleyball	\$515
Girls Rugby	\$50	Cross Country	\$75
Girls Soccer	\$135	Boys Soccer	\$145

SPORTSMANSHIP

SCHS athletic competition should demonstrate high standards of ethics and sportsmanship and promote the development of good character and other important life skills. All student athletes and coaches involved in interscholastic sports in Rocky View School Division No. 41 **must sign and adhere to the Code of Conduct** as outlined by Rockyview Sports Association. **Failure to comply with the code of conduct may lead to parents and or student athletes being removed from sporting venues.**

SPORTSMANSHIP – PARENTS

School athletics are learning experiences for students and the programs are part of the educational process. **Adolescents learn proper behavior from watching adults.** Be positive with your son/daughter. Encourage them to work hard and do their best. If they have questions about issues related to their playing time and performance encourage them to ask the coach for a meeting between the two of them.



Communication Protocol

If any issues arise, have your son/daughter speak directly to the coach first. If it is not resolved the next step is for you to speak to the coach. Your next line of communication if the issue persists is to speak directly with the Athletic Director. Finally, if you are not satisfied that the issue is resolved speak to school administration.

Please note that as per Rockyview and SCHS policy, any incidents related to drug and or alcohol use or possession may result in exclusion from any school field trips including athletics

SCHEDULES

Season exhibition schedules will vary and are available from coaches. The RVSA league schedules can be found at...

www.rockyviewsports.com

Rockyview Code of Conduct

1. Offer constructive support of all participants.
2. Show appreciation of good plays by both teams.
3. As a host school, welcome the visitors and guests, offering all possible assistance.
4. As a visitor, respect the property and regulations of the host school.
5. Recognize the integrity of the officials, realizing and respecting the difficulty of their decisions.
6. Accept the officials' decisions as final.
7. Respect the feelings of all participants and show empathy for an injured or disqualified player.
8. Learn and respect the rules of the sport.
9. Accept victory or defeat graciously, respecting the efforts made by all.
10. Express thanks to those responsible for the opportunity to enjoy a school sports activity.
11. Demonstrate respect toward all student athletes, spectators, coaches, parents and officials.

