

**Springbank Community High School
Parent Council Zoom Meeting
Wednesday February 10, 2021**

Zoom Attendance: Darrell Lonsberry, Jacqueline Inverarity, Melanie Spagrud, Amal Jomaa, Monica Webster, Ann Piercy, Judi Hunter, Nutan Kalia Seizer, Dana Braunberger, Diane Quapp, Tammy Yakemchuk (11)

Approval of December Minutes:

Motion to Approve minutes: Monica Webster

Second: Amal Jomaa

All in Favor: Carried

Chair Report:

Melanie Spagrud

Melanie will attend the on line Alberta School Council Conference in April.

Principal's Report:

Darrell Lonsberry

Principal's Report to School Council
February 10, 2021

Each year SCHS reports on our accomplishments, challenges and next steps as we continue to evolve as a school community. Rocky View Schools asks each school to capture that in a Workbook that is then shared out with the school community and is used by RVS to report to Alberta Education. An important aspect of the development of the workbook is stakeholder feedback, including the opportunity for School Council to weigh in on the document and provide input on it so that it best represents our entire school community. In this meeting I will take the council through some important parts of the Workbook, including:

- Student, staff and parent feedback, including what's going well, what we need to focus on moving forward and what our next steps might be to achieve those ends,
- A review of the provincial satisfaction survey results (each year the grade 10 students and their parents, plus all teachers, are invited to provide survey feedback).
- An overview of some achievement data, including diploma marks, PAT marks, report card marks, and rates of success on student success plans (IPPS), and
- A brief description of prototypes (projects) we are undertaking as a means of moving the school forward.

The council members present were encouraged to ask questions about the plan and any of the information underlying it, then offered their feedback on the plan and ideas on how we can improve as a school community. The feedback will be incorporated into the plan before it is finalized and sent to RVS for their approval at the end of February. Once approved, the Workbook will be posted to our website.

We are fortunate to have such a fantastic school council, who aren't afraid to ask questions and to challenge some of the data that we collect. As a principal, I learned long ago that it is vital that we have a strong council who acts in partnership with administration in order to help ensure parents' voices are well represented when we engage in our planning activities for

future years. Thank you to all of our wonderful parent volunteer council members for your support, guidance and feedback.

Darrell Lonsberry

Darrell presented the School Workbook (School Education Plan) results with council. Council discussed questions and provided feedback to Darrell.

Lockers: SCHS had 160 students who were interested in having a locker. SCHS has put forth their safety plan to the area director for approval.

Q- Is there an update on Spirit Wear? (Tammy) New designs and clothing have been approved and should be on line for purchase soon – items look great.

Q- Will there be a Career fair? Darrell will look into.

School Trustee

Judi Hunter

January 2021 Newsletter Trustee Judi Hunter Ward 5

Happy New Year to All

I am sure, that we are all happy to see the back of 2020 as we look forward with hope to 2021. Despite all of our concerns in 2020, we have had some positive learnings that we shouldn't negative. We have learned how to accept and reframe the gift of time, being forced to spend more time at home in positive way and less with the previous busyness of life. We have seen how the global community has come together to find a medical solution for COVID 19. We have witnessed the resourcefulness of businesses and educational institutions to respond in creative ways on the fly. We recognize the resiliency of our children and ourselves as we responded to the ever-changing landscape.

So, it is with this in mind that I welcome 2021. It seems to me that as a result of COVID and COVID restrictions, our society will be making many adjustments. Working from home, sharing office space, finding new careers will become the norm. There will also be an increasing demand for changes in schooling options. Many of our students and teachers are very comfortable working from home and enjoy the flexibility of this option. Others may want a combined option. There may yet be unforeseen alternatives demanded.

Another outcome possibility is the change in how schools are used. Funding for public institutions comes from the taxpayers. With the current economic situation in Alberta and elsewhere, governments will need to be more creative in how they fund public facilities. There is an increasing demand for recreational facilities and community services. There are fewer dollars available. It seems reasonable that government begin to look more broadly at how those facilities are used. Recently a Northern Alberta proposed that government provide incentives for School Boards and Municipalities to work for ways to address the common good through joint use opportunities. While there are many road blocks to shared facilities, such exploration could create great benefits for the community at large.

The following is a link I received for parents of children with a learning disability.

www.foothillsacademy.org Foothills Academy is sponsoring a workshop. **Workshop: An LD Journey: Breaking down Misconceptions and Building Understanding of LD (Online)**

Thursday, January 7, 2021 from 6:30 PM to 8:00 PM MST register: tketo@foothillsacademy.org

Many people are struggling with mental health, generalized anxiety and in general would like to develop some coping skills. I happened upon a series of youtube videos created by a professional psychologist, Emma McAdams. They are excellent and free. Check out “therapy in a nutshell.” [Escaping the Anxiety/Burnout/Depression Cycle - YouTube](#) This is one of the links.

At this point, I do not have news as to final decisions from the Alberta Government on lockdown restrictions. Schools are still targeted for in-school learning January 11, 2021. For the latest updates visit the Rocky View Schools site. [What's New — Rocky View Schools](#). I would encourage you to read the 2019-2023 School Learning Plan which guides all budget decisions.

February Newsletter Trustee Hunter Ward 5

Congratulations to Collette Winters who has moved from Director of Planning to Director of Operations.

Rocky View administration has selected a company called Integrity Counts to be the medium by which Rocky View staff can report under the whistleblower legislation. The rollout of this new initiative will occur over the next few months.

The January 7 meeting the Board had the privilege of a presentation given by on-line teacher French Immersion teacher, Kathleen Marshall. She spoke about the success she has had in the on-line environment. She spoke to the importance of creating relationships on-line and the variety of methods that she has used.

With her drama background, Kathleen Marshall has been very creative in the manner in which she engages students. Her live examination of owl pellets is one example.

She believes that learning is a shared experience. Both teacher and students must engage in the learning. It is not just the teacher giving information. She has interesting ways for students to connect with each other by allowing activities where the students learn about each other – their interests and passions so the students can connect off-line.

Ms. Marshall believes that teaching will continue to change and improve as a result of COVID. Her practice, and reflection of the practice, will pave the way for others to follow suit and improve student learning.

The following link is a free opportunity for students to develop their computer and employability skills. It offered by IBM.

The learning platform is called Open P-TECH and this is the website: <https://www.ptech.org/open-p-tech/> It has so much cool content for both students and teachers. Mostly appropriate for Grades 9-12

If someone wants to create an account and is not part of a P-TECH school, you can use this link to register: <https://ptech-reg.eu-de.mybluemix.net/>

The following is an excerpt from WebMD.

Government figures show the proportion of children who arrived in emergency departments with mental health issues increased 24% from mid-March through mid-October, compared with the same period in 2019. Among preteens and adolescents, it rose by 31%. Anecdotally, some hospitals

said they are seeing more cases of severe depression and suicidal thoughts among children, particularly attempts to overdose.

The increased demand for intensive mental health care that has accompanied the pandemic has worsened issues that have long plagued the system.

Link https://www.webmd.com/lung/news/20210106/childrens-hospitals-grapple-with-wave-of-mental-illness?ecd=wnl_day_010921_MCHLtest&ctr=wnl-day-010921-MCHLtest_RSSFEED4&mb=CVpJ0ID%2fftf3t9FCg0slgGdEpmNqbUHLtSczvjMfJSg%3d#1

Once again, I would encourage anyone who is dealing with anxiety issues to take a look at YouTube.com for “Therapy in a Nutshell” with Emma McAddams, a licensed Psychologist. Her videos are short but very informative and strategies can be used immediately.

For all school related updates, please visit: www.rockyview.ab.ca

<https://www.albertafamilywellness.org/what-we-know/aces> This is link about Adverse Childhood Experiences and how it plays out in our classrooms and the lives of children. You may have received this as a direct email from Rocky View administration already.

<https://www.albertafamilywellness.org/resources/video/the-ace-study-building-self-healing-communities>

An interesting study from Finland speaks to successful anti-bullying research which focused on the role of the by-stander. It focused on the by-stander taking a more active role, Students were first taught what bullying was – an intent to hurt by mocking, gossip, intimidation or exclusion. Secondly, they taught kids that the behavior was not OK. And thirdly the program taught the kids how simply not reinforcing the bullying behavior by laughing or other acknowledgements, the bullying decreases.

There is a new Deputy Minister of Education, Andre Tremblay

a) Grad Representative

Ann Piercy

Families received an email with the following information.

Grad Date- June 5th is the tentative Grad date.

Baby Photos - due at the end of Feb.

Grad Photos - March 8-16. The link to sign up was sent out.

Legacy Project – Bottle Recycling.

Facebook Page – is set up by parents (not school organized) for those who want to be involved.

b) Volunteer Coordinators

Arlene Abboud/Amal Jomaa

Foods sign-up Genius was sent out.

c) French Program Representative

Jo Towers

CPF is exploring the possibility of a Purdy's Chocolate Fundraiser. Congrats to Mme Comba on her retirement.

New Business:

No new Business

Meeting Adjourned 2:25pm

The Friends of Springbank Community High School Society

Melanie calls the meeting to order at 2:26pm.

We are revived as a society.

We have received the SMS Grade 8 funds they had raised for their Quebec Trip. The money will follow the students.

\$7350.00 – Drama Curtains. They have been ordered.

Darrell has 3 quotes for Audio equipment, they are currently going through them.

Fabrication Space – each machine is \$5000- \$20,000. Darrell is getting quotes and then RVS has to approve.

AGLC – remaining casino funds will carry over - all approved. We are not sure when our Casino will be rescheduled.

We are currently still looking for a Treasurer if anyone is interested.

Melanie suggests we open a "Friends of SCHS" Gmail account that can carry over from one person to the next. Melanie will set up the Gmail account.

Friends of Springbank Community High School Society
Balance Sheet

	<u>January 31, 2021</u>	<u>June 30, 2020</u>
Assets		
Current Assets		
Casino Account - Chequing	13,816.73	72,899.89
Casino Account - T-Bill	76,197.62	8,576.89
	<u>90,014.35</u>	<u>81,476.78</u>
General Account - Chequing	1,098.99	3,670.90
General Account - T-Bill	2,095.35	2,092.11
	<u>3,194.34</u>	<u>5,763.01</u>
Accounts Receivable	-	2,213.40
Total Current Assets	93,208.69	89,453.19
Total Assets	<u>93,208.69</u>	<u>89,453.19</u>
 Liability		
Current Liabilities		
Deferred Casino Revenue	79,755.94	83,376.15
Total Current Liabilities	79,755.94	83,376.15
Total Liability	79,755.94	83,376.15
 Equity		
Owners Equity		
Retained Earnings	6,077.04	7,973.06
Current Earnings	7,375.71	(1,896.02)
Total Equity	<u>13,452.75</u>	<u>6,077.04</u>
Liabilities And Equity	<u>93,208.69</u>	<u>89,453.19</u>

Friends of Springbank Community High School Society
Income Statement
for the period ending January 31, 2021

	<u>January 31, 2021</u>	<u>June 30, 2020</u>
Revenue		
Casino Proceeds	3,620.21	-
Donations	9,925.19	-
Interest Revenue	60.13	86.85
Miscellaneous Revenue	-	658.95
		<hr/>
Total Revenue	13,605.53	745.80
Expenditures		
Use of Casino Proceeds	2,474.03	-
Casino Expenses	-	-
Courier and Postage	2.05	-
Insurance	1,045.45	993.25
Supplies	98.68	24.22
Grad Exp	2,609.61	1,624.35
		<hr/>
Total Expenditures	6,229.82	2,641.82
Net Income (Loss)	<hr/> 7,375.71	<hr/> (1,896.02)

Meeting Adjourned 2:35pm

Next Zoom April 21, 2021

Update:

We previously motioned \$15,000 for Curtains and Audio – please note the following amendment.

Thursday Feb 12, 2021 3:41pm

Monica makes a motion to amend the previous motion to increase the budgeted amount to \$20,000 for Drama Equipment.

Tammy seconds the motion.

All in favour. Motion Passed